Senior Times CENTRAL

Senior Times 2026/27 Editorial Dates (Volume 33)

A NEWSPAPER FOR AND ABOUT AREA SENIOR ADULTS

MONTH	LEAD TOPIC / Other Topics	COPY	PRINT	DELIVER
January 2026	**International Creativity Month / Hobbies** Lifelong Learning /Ask for Valentine messages	12/10	12/23	12/30
February	**Alternative Health Solutions & Therapy** Managing Your Senses / Valentines	1/10	1/22	1/27
March	**Building Relationships / Companionship / Pets** Socialization / Social Networking vs. Isolation	2/10	2/19	2/24
April	**Respecting Independence / Aging in Place** Remodeling / Home Fit / Setting up Home Care	3/10	3/26	3/31
May	**Celebrating the Active Senior / Fitness** Enhancing the Senses / Fall Prevention	4/10	4/23	4/28
June	**Mobility Solutions / Assistive Devices** Summer fun / Travel / Car Care	5/10	5/21	5/26
July	**Knowing Your Rights / Legal Issues / Advocacy** Grab These Docs and Go / Fairs	6/10	6/25	6/30
August	**Cognitive Issues & Prevention** Mental Health/ Healthy Spirit	7/10	7/23	7/28
September	**Getting Ahead of Chronic Conditions** Sleep Patterns / Eating Patterns / Movement Patterns	8/10	8/20	8/25
October	**You've Earned It – Your Benefits** Open Enrollment /Social Security / Medicare	9/10	9/24	9/29
November	**Honoring Those Who Have Served** Recognizing the Caregiver / Long Distance Caregiving Sibling Solutions / Sandwich Solutions	10/10	10/22	10/27
December	**Plan Ahead for Health / Know Medical History** Health Screens / Safety and Prevention	11/10	11/19	11/24
January 2027	**Retire vs. Refire** Resolutions / Simplify Life / Prevent Financial Exploitation	12/10	12/24	12/29

Email Editorial to Sherii Sherban, Publisher: ssherban@seniortimescentral.com
(269) 979-1479 ext. 2 • seniortimescentral.com

Mail: P.O. Box 2257, Battle Creek, MI 49016 ■ 247 Michigan Ave. W., Battle Creek, MI 49017 ■ PH (269) 979-1479

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